



EOS-ESCEO-IOF

OSTEOPOROSIS and OSTEOARTHRITIS

S U M M I T

AND THE 5TH ANNUAL EOS CONFERENCE

Dubai 11 - 12
OCTOBER 2024



Sofitel Dubai
The Obelisk

Summit Board



Dr. AbdulRahim Suhaili

- **President of EOS**
- **Chairman of the Conference**
- Director & Consultant, Nuclear Medicine, Burjeel Medical City, MBZ City, Abu-Dhabi.



Dr. Mustafa Al-Izzi

- **Vice President of EOS**
- Professor & Consultant Rheumatologist, Mediclinic Welcare Hospital, Dubai.



Dr. Ahmed El Serafi

- **Secretary General of EOS**
- **Organizing Committee Chairman**
- Consultant Radiologist
- Professor of Radiology, international Radiology Centre, Sharjah.



Dr. Luay Tapponi

- **EOS Cultural Committee Chairperson**
- Professor & Consultant Orthopaedic Surgeon, Specialized Medical Center, Sharjah.



Dr. Ahmed Zayat

- **Head of EOS Scientific Committee**
- Senior Consultant Rheumatologist, University Hospital Sharjah, United Arab Emirates.

International Speakers *alphabetically*



Prof. Bess Dawson-Hughes

- Director, Bone Metabolism Laboratory at the Jean Mayer USDA Human Nutrition Research Centre on Aging at Tufts University. USA
- Professor of Medicine at Tufts University School of Medicine Endocrine Division at Tufts Medical Centre.



Prof. Jean-Yves Reginster

- Emeritus Professor of Public Health, Epidemiology and Health Economics at the University of Liège, Belgium.
- Professor, Protein Research Chair, Biochemistry Dept, College of Science, King Saud University, Riyadh, Kingdom of Saudi Arabia.
- Director of the WHO Collaborating Centre for Epidemiology of Musculoskeletal Health and Aging.
- ESCEO President.
- IOF co-founder.
- IOF Executive Committee member.
- Deputy Editor Aging Clinical and Experimental Research.



Prof. John Kanis

- Emeritus Professor in Human Metabolism, and Director of the Centre for Metabolic Bone Diseases (Formerly WHO Collaborating Centre),
- University of Sheffield, UK and Professorial Fellow at the Australian Catholic University (Melbourne)
- Honorary President of the International Osteoporosis Foundation
- Chairman of the IOF Working Group on Epidemiology and Quality of Life.
- Honorary President of the European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis
- Editor in Chief of Osteoporosis International
- Editor in Chief of Archives of Osteoporosis



Prof. Nicholas C W Harvey

- Director; Professor of Rheumatology and Clinical Epidemiology; MRC Investigator.
- Honorary Consultant Rheumatologist
- Chair, International Osteoporosis Foundation Committee of Scientific Advisors
- MRC Lifecourse Epidemiology Centre, University of Southampton, Southampton General Hospital, Southampton, SO16 6YD

International Speakers *alphabetically*



Prof. Olivier Bruyere

- CEO of ESCEO
- Scientific Director of the WHO Collaborating Centre for Epidemiology of Musculoskeletal Health and Aging, Liège, Belgium
- Head of the Research Unit in Public Health, Epidemiology and Health Economics, University of Liège, Belgium



Dr. Philippe Halbout

- CEO of the International Osteoporosis Foundation (IOF), Switzerland



Prof. Rene Rizzoli

- Internist and endocrinologist, with a subspecialty focus on metabolic bone diseases, osteoporosis and disorders of mineral metabolism.
- Presently emeritus professor of medicine at the Geneva University Hospitals and Faculty of Medicine, Geneva, Switzerland.
- Treasurer and Executive Committee member of the International Osteoporosis Foundation.
- Chairman of the Scientific Advisory Board of the European Society for Clinical and Economic Aspects of Osteoporosis, Osteoarthritis and Musculoskeletal Diseases, and co-chair of the scientific program committee of the annual IOF-ESCEO World Congress on Osteoporosis.
- Editor-in-chief of Calcified Tissue International and Musculoskeletal Research, and associate editor of Osteoporosis International and of Aging Clinical and Experimental Research.

DAY ONE FRIDAY 11TH OCTOBER

REGISTRATION

08.00 - 09.00 AM

Time	09.00 - 09.10 AM
Topic	Welcome & Introduction.
Speaker	Prof. AbdulRahim Suhaili , EOS president.

PRELIMINARY LECTURE

Time	09.10 - 09.40 AM
Topic	Artificial intelligence in musculoskeletal imaging.
Speaker	Prof. Ahmed Elserafi , Secretary General EOS.

SESSION ONE

Guidelines Session

09.40 - 11.10 AM

CHAIRMEN

AbdulRahim Suhaili / Bess Dawson-Hughes.

Time	09.40 - 10.00 AM
Topic	Identification of patients to be treated in osteoporosis: The European viewpoint
Speaker	Nick Harvey
Time	10.00 – 10.20 AM
Topic	Recommendations for the management of osteoporosis: The ESCEO/IOF guidelines
Speaker	John Kanis
Time	10.20 – 10.40 AM
Topic	Sequencing of osteoporosis therapies from the guideline's perspective.
Speaker	Mustafa Al-Izzi
Time	10.40 – 11.00 AM
Topic	Thematic Roundtable: Applicability of Osteoporosis Guidelines in clinical practice.
Speakers	Nick Harvey / John Kanis / Mustafa Al-Izzi.

DISCUSSION Q&A

11.00 - 11.10 AM

SESSION TWO

Males Osteoporosis Session

11.10 AM - 12.40 PM

CHAIRMEN

Ahmed Zayat / John Kanis.

Time	11.10 - 11.30 AM
Topic	Which men should be treated for osteoporosis: The European viewpoint.
Speaker	René Rizzoli
Time	11.30 – 11.50 AM
Topic	Recommendations for the management of osteoporosis in men with osteoporosis: The ESCEO/IOF guidelines.
Speaker	Nick Harvey
Time	11.50 AM – 12.10 PM
Topic	Approach to osteoporosis in men. EOS / regional viewpoint
Speaker	Maisam Musgrave
Time	12.10 – 12.30 PM
Topic	Thematic Roundtable: Males osteoporosis in clinical practice.
Speakers	René Rizzoli / Nick Harvey / Maisam Musgrave.

DISCUSSION Q&A

12.30 - 12.40 PM

LUNCH & PRAYER TIME

12.40 - 02.00 PM

SESSION

Osteoporosis Pharma Symposium

02.00 - 02.40 PM

SESSION THREE

Epidemiology & FLS Session

02.40 - 04.10 PM

CHAIRMEN

Luay Tapponi / Nick Harvey.

Time	02.40 - 03.00 PM
Topic	Epidemiology and burden of osteoporosis in Europe.
Speaker	John Kanis
Time	03.00 - 03.20 PM
Topic	Epidemiology and burden of osteoporosis in the GCC.
Speaker	Riad Sulimani
Time	03.20 - 03.40 PM
Topic	Fracture liaison service, Régional Expérience.
Speaker	Yasser El Miedany
Time	03.40 - 04.00 PM
Topic	Thematic Roundtable: "Fracture Liaison Services: How does it work, how can we implement, how can we optimize, how can it help to better treat osteoporotic patients?"
Speakers	Philippe Halbout / Bess Dawson-Hughes / Riad Sulimani.

DISCUSSION Q&A

04.00 - 04.10 PM

BREAK

04.10 - 04.20 PM

SESSION

Evening Pharma Symposium

04.20 - 05.00 PM

DAY TWO SATURDAY 12TH OCTOBER

SESSION

Morning Pharma Symposium

08.20 AM - 09.00 AM

SESSION FOUR

Osteoarthritis Session

09.00 - 10.30 AM

CHAIRMEN

Ahmed Zayat / Jean-Yves Reginster .

Time	09.00 - 09.30 AM
Topic	Treatment of osteoarthritis: How and how long? The European viewpoint.
Speaker	Olivier Bruyère
Time	09.30 - 10.00 AM
Topic	Treatment of osteoarthritis: Who and when? The EOS / GCC viewpoint.
Speaker	Ali Al Belooshi
Time	10.00 - 10.20 AM
Topic	Thematic Roundtable on Osteoarthritis.
Speaker	Jean-Yves Reginster / Olivier Bruyère / Ali Al Belooshi.

DISCUSSION Q&A

10.20 - 10.30 PM

COFFEE BREAK

10.30 - 10.50 AM

SESSION FIVE

Vitamin D & Sarcopenia Session

10.50 AM - 12.00 PM

CHAIRMEN

Ahmed Elserafi / Philippe Halbout.

Time	10.50 - 11.10 AM
Topic	Role of Vitamin D in the prevention and management of osteoporosis and sarcopenia: The ESCEO/IOF viewpoint.
Speaker	René Rizzoli
Time	11.10 - 11.30 AM
Topic	How can we define and treat sarcopenia: The European viewpoint.
Speaker	Jean-Yves Reginster – Majed Alokail
Time	11.30 - 11.50 AM
Topic	Controversies on Vitamin D therapies.
Speaker	Atheer Alansari
Time	11.50 AM - 12.10 PM
Topic	Thematic Roundtable: Nutritional aspects of the management of osteoporosis, osteoarthritis and sarcopenia.
Speakers	Bess Dawson-Hugues / René Rizzoli / AbdulRahim Suhaili / Atheer Alansari.

DISCUSSION Q&A

12.10 - 12.20 PM

SESSION

Pharma Symposium.
(OA or Vitamin D topic)

12.20 - 01.00 PM

LUNCH

01.00 - 02.00 PM

SESSION SIX

Rheumatology Session

02.00 - 03.40 PM

CHAIRMEN

Mustafa Al-Izzi / Olivier Bruyere.

Time	02.00 - 02.20 PM
Topic	Osteoporosis and RA, pathogenesis, and effect of advanced medications.
Speaker	Ahmed Zayat
Time	02.20 - 02.40 PM
Topic	Osteoporosis in Spondyloarthritis.
Speaker	Suad Hannawi
Time	02.40 - 03.00 PM
Topic	Lupus, Bone health & Osteoporosis.
Speaker	Waleed Abdurrah Hafiz
Time	03.00 - 03.30 PM
Topic	Thematic Roundtable: Osteoporosis in chronic rheumatological disorders.
Speakers	Nick Harvey / John Kanis / Ahmed Zayat / Suad Hannawi / Waleed Abdurrah Hafiz.

DISCUSSION Q&A

03.30 - 03.40 PM

SESSION SEVEN

Osteoporotic Fractures Session.

03.40 - 04.50 PM

CHAIRMEN

Abdul Karim Msaddi / Mohamed Khattab

Time	03.40 - 04.00 PM
Topic	Surgical management of vertebral fractures.
Speaker	Sameh Abolfotouh
Time	04.00 - 04.20 PM
Topic	Role of Orthopedic Surgeon in prevention of Orthogeriatric Fractures.
Speaker	Hayder Al Saadi
Time	04.20 - 04.40 PM
Topic	Surgical management of the limb's osteoporotic fractures.
Speaker	Youssef Falaha

DISCUSSION Q&A

04.40 - 04.50 PM

BREAK

04.50 - 05.00 PM

SESSION

Evening Pharma Symposium

05.00 – 05.40 PM

CLOSING REMARKS

05.40 PM

NB

Densitometry Certification course
Organizer: Prof. AbdulRahim Suhaili

Sunday 13th October



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